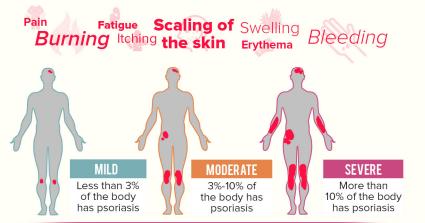


UNDERSTANDING PSORIASIS

SYMPTOMS



COMORBIDITIES



Of people with psoriasis develop psoriatic arthritis

People with severe psoriasis

are 58% of more likely to have

a major cardiac event



People with psoriasis are 46% more likely to have type 2 diabetes compared to the general population



People with psoriasis may also suffer from Crohn's disease and experience sleep loss

PSYCHOSOCIAL AND ECONOMIC IMPACT

of people with psoriasis experience shame and embarrassment

of people with psoriasis experience a lack of self-confidence

of people with psoriasis experience depressive symptoms

of people with psoriasis have major difficulties at work

TREATMENTS

4 1% = SURFACE AREA OF THE HAND

TOPICAL THERAPY - Fixed combination of betamethasone dipropionate and calcipotriol - Vitamin D3 analogues - Steroids - Retinoids - Dithranol PHOTO THERAPY (plus retinoids) - PUVA (Systemic, local) - UVB (311 mm) - UVA/UVB SYSTEMIC THERAPY - Biologicals - Cyclosporine A - Methotrexate - Fumaric acid esters MILD PSORIASIS 52% of patients SEVERE PSORIASIS 12% of patients

Available treatments range from very simple remedies to highly sophisticated biomolecular agents. While there is no cure for psoriasis, there is a continual research effort towards new and improved treatments.

GLOBAL PREVALENCE OF PSORIASIS



LONG PATH TO INTERNATIONAL RECOGNITION OF PSORIASIS

In 2014, psoriasis was recognized for the first time as a serious non-communicable disease (NCD) at the World Health Assembly. All Member States recognized that:

- (>) Incorrect or delayed diagnosis
- Inadequate treatment options
- (>) Insufficient access to care

apps.who.int/gb/ebwha/pdf_files/WHA67/A67_R9-en.pdf





In 2016, the World Health Organization (WHO) released a Global report on psoriasis to bring the public health impact of psoriasis into focus, to help raise awareness of the range of ways that psoriasis can affect peoples' lives.

The report showed how stakeholders can play a key role in addressing the unnecessary social, psychological or economic consequences of psoriasis.

WHO GLOBAL REPORT RECOMMENDATIONS



POLICY-MAKERS



PATIENT ORGANISATIONS



HEALTH CARE PROFESSIONALS



RESEARCHERS

- Ensure that people suffering from psoriasis have access to professional medical care.
- Provide education about psoriasis to general practitioners to increase early diagnosis and prevent irreversible deformities of the joints and disability.
- Raise awareness about psoriasis and combat stigma and discrimination.

- Encourage the formation of patient organisations where currently none exist.
- Create networks of support and empower patients to be part of the dialogue.
- Hold policy-makers to account on global commitments and fight against discrimination of people with psoriasis.
- Create greater awareness in general-practice settings that psoriasis is a serious, chronic, complex condition.
- Ocollaborate with patients to identify barriers to treatment adherence
- O Develop guidelines regarding the diagnosis and treatment of psoriasis.

- Investigate new therapies to prevent as well as to manage the symptoms of the disease.
- Further clarify the link between psoriasis and associated conditions.
- Harmonize research methods to collect quality data on the incidence and prevalence of psoriasis at global level.

A hundred million people with psoriasis remain undertreated, at increased risk for cardiovascular events and suffering social and work-related stigma and discrimination.

In order to remove the barrier psoriasis poses to well being and socioeconomic development, there is a need for local implementation of the WHO resolution through collaborative approaches.

